

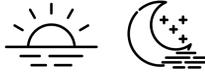
 DAILY
PRAYER

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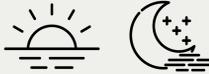
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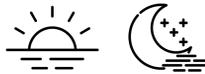
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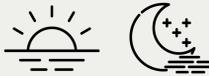
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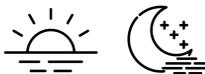
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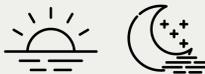
THURSDAY



FRIDAY



HOLY WEEK



SERIES FOREWARD

Jesus' parable of the persistent widow is introduced in Luke 18:1 with the words, "And he told them a parable to the effect that they ought always to pray and not lose heart. He said ...". While there are many other passages in scripture where prayer is both instructed and described, this one always stands out to me for its simplicity and tenacity. Christians ought to pray. Christians who pray do not lose heart.

The instruction to pray is a reminder and a joy, not a burden. Prayer recalibrates and reorients our drifting hearts and affections. The tyranny of the urgent readily distracts us from the glorious privilege that is ours in Christ Jesus. Our attention is drawn toward busyness and away from the precious life-giving resource we have been given in prayer. Jesus has reconciled us to God. Now we can pray to God as to a loving Father (Matthew 6:9).

I struggle with sustaining a disciplined pattern of regular prayer. Desperate, sincere, in-the-moment prayer comes easily whenever I hear of or think about someone in need. Yet my heart longs for more. My soul is hungry and thirsty for daily nourishment found only in setting aside regular, intentional time with my Father. I suppose this is something every Christian feels, at least to some extent.

Throughout the centuries, Christians have prayed at assigned hours, particularly in the morning and evening. Our rich Anglican heritage has given us the Daily Offices of Morning Prayer and Evening Prayer. We have adapted these traditional Daily Offices into the book you are now holding in your hand. These books will be produced and distributed to our church family quarterly. Would you commit to join us in praying these daily prayers throughout the coming year?

Let me say a few things about Daily Prayer:

1

First, you will notice that each day includes both prayer and Bible reading. Charles Spurgeon was asked, “What is more important, prayer or bible reading?” He answered, “I ask, ‘What is more important, breathing in or breathing out.’” This is the genius of our Anglican tradition. It builds prayer around scripture reading and bathes scripture reading in prayer. You can expect to spend 15 minutes each morning and evening.

2

Second, some of the liturgical prayers use first person plural pronouns. They say “we” and “us”. While many of us will pray these prayers alone we find strength and encouragement remembering that our church family prays these same prayers with us, in a sense. Think of these daily prayers as corporate prayer done individually.

3

Third, our church family is comprised mostly of new or mature Christians who have come from other Christian denominations. The practice of daily, liturgical prayer may seem odd at best. You may even recoil from the idea out of a concern for repetition. Remember that Jesus did not forbid repetition, per se, but vain or empty repetition (Matthew 6:7). These written prayers will serve a few good purposes in your walk with Jesus. They establish determined times to pray in the morning and evening. Think of it as putting your life on rails by starting and ending the day in God's word and prayer.

Written prayers also enrich our vocabulary in talking about, thinking about and serving the Lord. This is a sentiment captured in the motto *Lex Orandi, Lex Credendi*, literally meaning "What is Prayed" is "What is Believed".

Our team has prepared this resource for you. Bryan, Dan and Brock have poured over Anglican prayer books, developed a lectionary, and beta-tested it. I am eager to grow in the discipline of Daily Prayer, I commit to doing it and commend it to you wholeheartedly.

Romans 12:12 says, "...be constant in prayer." 1 Thessalonians 5:17 says, "Pray without ceasing ...". Colossians 4:2 says, "Continue steadfastly in prayer ...".

Always pray and do not lose heart.

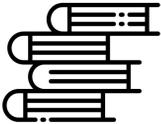


R. D. GLENN



5-DAY PLAN

Daily Prayer has morning and evening sections for Monday-Friday, with a corresponding Bible-reading plan at the back of the book. If you get behind on your Bible plan, don't worry. Use the weekend to get caught up.



SOURCES

The prayers in this book are primarily taken from 3 sources -

1. The Anglican Book of Common Prayer
2. Common Worship: Daily Prayer
3. To Be a Christian: An Anglican Catechism

Check the back of this book for profiles on the authors and theologians quoted in this volume.



MONDAY

MORNING

6 things to remember this week:

“I am a child of God, God is my Father; heaven is my home; every day is one day nearer. My Saviour is my brother; every Christian is my brother too.”

J.I. PACKER



PREPARE YOUR HEART

O Lord, open our lips
and our mouth shall proclaim your praise.

O Lord Jesus Christ, you are the sun of the world, evermore arising, and never going down. We beg you mercifully and faithfully to shine in our hearts, so that the night and darkness of sins, and the mist of errors on every side may be driven away, and that we might abound in all good works which God has prepared us to walk in. Amen.

THOMAS CRANMER

MORNING PSALM

Use this morning's psalm as a prayer.



The appointed psalm is read.

Check reading plan at the back of this book.

The Psalm ends with

Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.

MORNING LESSON

As you read this morning's scripture lesson, remember that man cannot live by bread alone, but by every word that comes from the mouth of God (Matt 4:4).



The appointed bible lesson is read.

Check reading plan at the back of this book.

HINT: Click on the Bible icon  to go to the Readings page.



QUIET REFLECTION

Following the lesson, take a moment to dwell and meditate on one truth revealed to you through this morning's reading.

Following the reflection:

The steadfast love of the Lord never ceases;
his mercies never come to an end.

**The steadfast love of the Lord never ceases;
his mercies never come to an end;**

they are new every morning;
great is your faithfulness.

**The steadfast love of the Lord never ceases;
his mercies never come to an end.**

FROM LAMENTATIONS 3

PRAYERS

What is on your heart this morning that you want to bring before the Lord? Here are a few things you could pray for:

- The week that lies before you.
- Opportunities to spread the Gospel this week.
- Protection and faith for your family.
- That you would be shaped more and more by the Word of God, rather than by the voices of the world.



THE COLLECT

Almighty and eternal God, so draw our hearts to you, so guide our minds, so fill our imaginations, so control our wills, that we may be wholly yours, utterly dedicated to you; and then use us, we pray, as you will, and always to your glory and the welfare of your people; through our Lord and Saviour Jesus Christ. Amen.

AN ANGLICAN CATECHISM

THE LORD'S PRAYER

As our Saviour taught us, so we pray:

Our Father in heaven, hallowed be your name.

Your kingdom come, your will be done,
on earth as it is in heaven.

Give us this day our daily bread, and forgive us our debts,
as we also have forgiven our debtors.

And lead us not into temptation, but deliver us from evil.

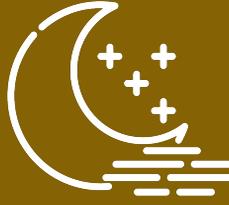
MATTHEW 6:9-13

BENEDICTION

The Lord will keep you from all evil; he will keep your life.

The Lord will keep your going out and your coming in from
this time forth and forevermore. Amen.

PSALM 121:7-8



MONDAY

EVENING

Look to Christ this evening.

“When I look at myself, I don’t see how I can be saved. But when I look at Christ, I don’t see how I can be lost.”

MARTIN LUTHER



INVOCATION

Before you begin to pray, stop and remind yourself that you are praying to the Holy God who created all things.

Let us offer to God acceptable worship, with reverence and awe, for our God is a consuming fire.

HEBREWS 12:28-29

CONFESSION

Search your heart and let the Holy Spirit expose any idols in your life that you have been looking to for your joy and confidence above the Lord Jesus Christ.

You who are faithful throughout all generations,
righteous in your judgments,
marvelous in strength and excellence.

You who are good,
and faithful toward those who trust in you.

You who show pity and compassion.

Forgive us our sins, our unrighteousness, our transgressions,
and our shortcomings.

Do not hold us to account for every sin,
but cleanse us with the cleansing of your truth.

Guide our steps to walk in holiness, righteousness,
and singleness of heart.

Help us to do those things that are good
and pleasing in your sight,
through Jesus Christ our Lord.

Amen.

CLEMENT OF ROME (35 AD)



ASSURANCE

There is now no condemnation for those who are in Christ Jesus. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace. As far as the east is from the west, so far has he removed our transgressions from us. Amen.

ROMANS 8:1, EPHESIANS 1:7, PSALM 103:12

PREPARE YOUR HEART

As the busyness of this day fades to evening, slow your heart, quiet your mind and be still before the Lord.

O God, make speed to save us.

O Lord, make haste to help us.

Abide with us, Lord, for it is evening,
and day is drawing to a close,
let us pray with one heart and mind:

O God of peace, who has taught us that in returning and rest we shall be saved, in quietness and in confidence shall be our strength: By the might of your Spirit lift us, we pray, to your presence, where we may be still and know that you are God; through Jesus Christ our Lord. Amen.

COMMON WORSHIP: DAILY PRAYER



EVENING PSALM



The appointed psalm is read.

Check reading plan at the back of this book.

The Psalm ends with

Glory to the Father and to the Son

and to the Holy Spirit;

as it was in the beginning

is now and shall be for ever. Amen.

EVENING LESSON

As you read the lesson, remember that the bible is living and active (Heb 4:12) and God is speaking to you through it right now.



The appointed bible lesson is read.

Check reading plan at the back of this book.

QUIET REFLECTION

Take a time of quiet reflection and meditate on God's Word. Recall what you have just read. How is God speaking to you through the Holy Scriptures this evening?

Following the reflection:

You keep him in perfect peace whose mind is stayed on you, because he trusts in you.

You keep him in perfect peace whose mind is stayed on you, because he trusts in you.

Trust in the Lord forever,

For the Lord God is an everlasting rock.

You keep him in perfect peace whose mind is stayed on you, because he trusts in you.

FROM ISAIAH 26



THANKSGIVING

What are you thankful to God for today?

- Thank him for watching over your family this day.
- Thank him for the beauty of the world he created.
- Thank him for the gift of every breath; every heartbeat.

THE COLLECT

Since you have made the night for man to rest as you have created the day for his work, I ask you to give my body a restful night and to grant that my soul may be lifted up to you and my heart always filled with your love.

Teach me, O God, to entrust all my cares to you and constantly remember your mercy, so that my soul may ever rest in you. Amen.

JOHN CALVIN

THE CONCLUSION

To the King of ages, immortal, invisible, the only God, be honor and glory forever and ever. Amen.

1 TIMOTHY 1:17

“I will lie down in peace, and take my rest; for you, Lord, only, make me dwell in safety.”

PSALM 4:8



TUESDAY

MORNING

“Be strong and courageous. Do not be frightened,
and do not be dismayed, for the Lord your God is
with you wherever you go.”

JOSHUA 1:9



PREPARE YOUR HEART

As you begin this new day, remember that your Heavenly Father rules and reigns over everything and nothing can come to you but by his good and gracious hand.

Father, as you have now awakened my body from sleep, so, I beg you, awaken my soul from sin and from worldly security. As you have caused the light of day to shine in my physical eyes, so cause the light of your word and Holy Spirit to illuminate my heart. Amen.

LEWIS BAYLY

MORNING PSALM

While you read this morning's psalm, pray for the same honesty, affection and trust in the Lord that the psalmists reveal.



The appointed psalm is read.
Check reading plan at the back of this book.

The Psalm ends with
Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning
is now and shall be for ever. Amen.



MORNING LESSON

As you read God's word this morning, keep Christ in view, for He is the central sun that illuminates all of scripture.



The appointed bible lesson is read.
Check reading plan at the back of this book.

QUIET REFLECTION

Following the lesson, take a moment to listen to the Lord. Be still and know that He is God.

Following the reflection:

Many waters cannot quench love,
neither can floods drown it.

**Many waters cannot quench love,
neither can floods drown it.**

Nothing in all creation can separate us
from the love of God in Christ Jesus our Lord.

**Many waters cannot quench love,
neither can floods drown it.**

FROM SONG OF SOLOMON 8 & ROMANS 8



PRAYERS

What is on your heart this morning that you want to bring before the Lord? Here are a few things you could pray for:

- That unsaved loved ones would repent and turn to Jesus.
- That government leaders would lead in godliness.
- That your city would be radically transformed by the gospel.
- That Canada would become a light for Christ among the nations.

THE COLLECT

Lord, open our eyes every day more and more to see and consider your great and marvelous love to us, that our hearts may be drawn yet nearer to you - even more to love you, fear you, and obey you. Lord, increase in us that true faith that allows us to lay sure hold on your Son, and rest on his merits. Amen.

ARTHUR DENT

THE LORD'S PRAYER

As our Saviour taught us, so we pray:

Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from evil.

MATTHEW 6:9-13



BENEDICTION

Therefore, my beloved brothers, be steadfast, immovable, always abounding in the work of the Lord, knowing that in the Lord your labor is not in vain.

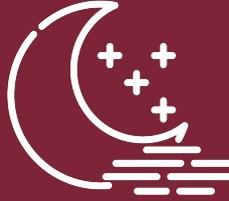
Amen.

1 CORINTHIANS 15:58



REPETITION

You will notice that there is a fair amount of repetition in the structure and prayers in this book. This is intentional, because we believe that repetition is part of spiritual formation. Through repetition, we develop a well-worn rhythm of faith in our lives. If we allow it, praying the same prayers regularly can plant truth deep in our hearts, because it gives us the time to adapt and align our hearts to the truths we profess.



TUESDAY

EVENING

Rest in these words of Christ for you:

“Whoever comes to me I will never cast out.”

JOHN 6:37



INVOCATION

Come to prayer with trembling and awe this evening, for the glory of God is beyond your imagination.

For as the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts.

ISAIAH 55:9

CONFESSION

Search your heart and repent of the ways you have fallen into sin.

Father, we know that we have sinned against heaven and before you, and are no more worthy to be called your children. But there is forgiveness, mercy, and redemption with you. You will not despise a broken and a contrite heart. Though heaven is your throne, and the earth your footstool, still you will look to the poor and humble person who trembles at your word. You revive the spirit of the humble, and the heart of the contrite. The ones who cover their sins will not prosper, yet those that confess and forsake them will find mercy. You have said that if we confess our sins, you are faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. Amen.

MATTHEW HENRY

ASSURANCE

If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace. Amen.

1 JOHN 1:8-9 EPH 1:7



REJOICE

Glory in the redemption found in Jesus Christ. Let not your sense of sin quench your joy of pardon. Rejoice that your salvation is not found in the steadfastness of your faith, but in the faithfulness of your gracious Saviour. Fix your eyes on the day when you will be together with Him in your Father's kingdom.

EVENING PSALM



The appointed psalm is read.

Check reading plan at the back of this book.

The Psalm ends with

Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever.
Amen.

EVENING LESSON

As you read tonight's scripture, let God's word convict, comfort and strengthen you.



The appointed bible lesson is read.

Check reading plan at the back of this book.

QUIET REFLECTION

Take a time of quiet reflection and meditate on God's Word. How is God speaking to you through the Holy Scriptures this evening?



Following the reflection:

The earth shall be full of the knowledge of the Lord
as the waters cover the sea.

**The earth shall be full of the knowledge of the Lord
as the waters cover the sea.**

He will wipe away every tear from our eyes,
and death shall be no more.

**The earth shall be full of the knowledge of the Lord
as the waters cover the sea.**

FROM ISAIAH 11 & REVELATION 21

THANKSGIVING

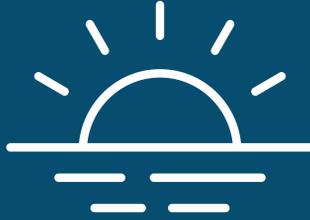
*During this time, take a moment to thank God for his provision
and goodness to you this day.*

- Thank him for adopting you as his own.
- Thank him that you can call him Abba Father.
- Thank him that he is preparing a place for you in his heavenly home.

EVENING PRAYER

Father, you who never slumbers nor sleeps, would you watch over your children while we sleep? Command your angels to pitch their tents around our home, to guard us from all dangers. As we sleep in you, may we tomorrow morning be awakened by you. And so refreshed, may we be more ready to serve. Amen.

LEWIS BAYLY



WEDNESDAY

MORNING

Live this day with your sights set on heaven.

“Set your minds on things that are above, not on things that are on earth. For you have died, and your life is hidden with Christ in God.”

COLOSSIANS 3:2-3



PREPARE YOUR HEART

A new day lies open before you. Work this day for the treasures of heaven, not treasures on Earth.

Compassionate Lord, Your mercies have brought me to the dawn of another day. Vain will be its gift unless I grow in grace, increase in knowledge, ripen for spiritual harvest. Let me this day know You as You are, love You supremely, serve You wholly, admire You fully. Through grace let my will respond to You, knowing that power to obey is not in me, but that Your free love alone enables me to serve You. Here then is my empty heart, overflow it with Your choicest gifts; here is my blind understanding, chase away its mists of ignorance. Amen.

CHARLES SPURGEON

MORNING PSALM

Look for Christ in this morning's psalm. Only he will render it a source of gospel-shaped comfort, prayer, and praise.



The appointed psalm is read.
Check reading plan at the back of this book.

The Psalm ends with
Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning
is now and shall be for ever. Amen.



MORNING LESSON

Feed on God's word this morning and let it strengthen you for the day.



The appointed bible lesson is read.
Check reading plan at the back of this book.

QUIET REFLECTION

Following the lesson, take a moment to listen to the Lord. Be still and know that He is God.

Following the reflection:

Be strong in the Lord and in the strength of his might.

Be strong in the Lord and in the strength of his might.

They who wait for the Lord shall renew their strength,
they shall mount up with wings like eagles.

Be strong in the Lord and in the strength of his might.

FROM EPHESIANS 6 & ISAIAH 40

PRAYERS

What is on your heart this morning that you want to bring before the Lord? Here are a few things you could pray for:

- All who are in need in your community (both material and spiritual).
- Those in the midst of famine or disaster.
- All whose lives are devastated by war and strife.
- Christians persecuted around the world.



THE COLLECT

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries, through the might of Jesus Christ our Lord. Amen.

BOOK OF COMMON PRAYER

THE LORD'S PRAYER

As our Saviour taught us, so we pray:

Our Father in heaven, hallowed be your name.

Your kingdom come, your will be done,
on earth as it is in heaven.

Give us this day our daily bread, and forgive us our debts,
as we also have forgiven our debtors.

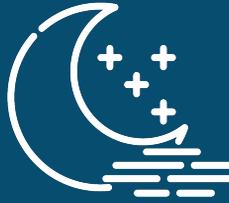
And lead us not into temptation, but deliver us from evil.

MATTHEW 6:9-13

DOXOLOGY

Yours, O Lord, is the greatness and the power and the glory and the victory and the majesty, for all that is in the heavens and in the earth is yours. Yours is the kingdom, O Lord, and you are exalted as head above all. Both riches and honor come from you, and you rule over all. In your hand are power and might, and in your hand it is to make great and to give strength to all. And now we thank you, our God, and praise your glorious name. Amen.

1 CHRONICLES 29:11-13



WEDNESDAY

EVENING

Cling to Christ this evening.

“It is neither shame nor pride for a drowning man to swim to a rock, nor for a ship-broken soul to run himself ashore upon Christ.”

SAMUEL RUTHERFORD



INVOCATION

Before you begin to pray, take your eyes off yourself and place them onto the holy, great, and glorious God, who breathed out the stars.

By the word of the Lord the heavens were made, and by the breath of his mouth all their host. Let all the earth fear the Lord; let all the inhabitants of the world stand in awe of him.

PSALM 33:6,8

CONFESSION

Take a moment to let the Holy Spirit reveal to you areas of this day where you have worshiped and served created things rather than the Creator (Rom 1:25).

Lord, I caused your sorrows.

My sin brought about your shame, my failings your injuries.

I committed the fault, and you are plagued for the offense.

I am guilty, and you are charged.

I sinned, and you suffered the death. You hung on the cross.

Oh the deepness of God's love, the wonder of his grace.

Mercy without measure.

What can I say? I was proud; you are humble.

I was disobedient; you became obedient.

I ate the forbidden fruit; you hung on the cursed tree.

O Lord, let me never forget your infinite love. Amen

LEWIS BAYLY



ASSURANCE

There is now no condemnation for those who are in Christ Jesus. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace. As far as the east is from the west, so far has he removed our transgressions from us. Amen.

ROMANS 8:1, EPHESIANS 1:7, PSALM 103:12

PREPARE YOUR HEART

Slow down and keep yourself from rushing through these prayers. Instead, linger over them and let them lead you to Jesus.

Abide with us, Lord, for it is evening,
and day is drawing to a close,
let us pray with one heart and mind:

O God, you have prepared for those who love you such good things as surpass our understanding: Pour into our hearts such love towards you, that we, loving you in all things and above all things, may obtain your promises, which exceed all that we can desire; through Jesus Christ our Lord; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

AN ANGLICAN CATECHISM

EVENING PSALM



The appointed psalm is read.
Check reading plan at the back of this book.



*The Psalm ends with
Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning
is now and shall be for ever. Amen.*

EVENING LESSON

*God's word is a lamp unto your feet and a light to your path
(Psa 119:105). This evening, let God's word chase away the shadows
of this day.*



The appointed bible lesson is read.
Check reading plan at the back of this book.

QUIET REFLECTION

*Take a time of quiet reflection and meditate on God's Word. Recall
what you have just read. How is God speaking to you through the
Holy Scriptures this evening?*

Following the reflection:

We have this hope as an anchor for the soul,
sure and steadfast.

**We have this hope as an anchor for the soul,
sure and steadfast.**

Christ Jesus came into the world to save sinners,
of whom we are the foremost.

**We have this hope as an anchor for the soul,
sure and steadfast.**

FROM HEBREWS 6 & 1 TIMOTHY 1



THANKSGIVING

What are you thankful to God for today?

- Thank him for never leaving or forsaking you this day.
- Thank him for having mercy on you, the chief of sinners.
- Thank him for being strong when you are weak.

THE COLLECT

Lord, support us all the day long through this trouble-filled life, until the shadows lengthen, and the evening comes, and the busy world is hushed, and the fever of life is over, and our work is done. Then in your mercy grant us a safe lodging, and a holy rest, and peace at the last. Amen.

BOOK OF COMMON PRAYER

THE CONCLUSION

Blessed be the Lord, who alone does wondrous things. Blessed be his glorious name forever; may the whole earth be filled with his glory. Amen and Amen.

PSALM 72:18-19

“I will lie down in peace, and take my rest; for you, Lord, only, make me dwell in safety.”

PSALM 4:8



A QUIET PLACE

It isn't always possible, but we would suggest you find a quiet, peaceful place to pray these prayers. We are easily distracted by the busyness of life and even Jesus often looked for a quiet, solitary place to pray (Mark 1:35, Luke 5:16).



THURSDAY

MORNING

Remember this morning that you belong to the Lord Jesus Christ.

“If I am the Lord’s, then my time, my talents, and all that I have are his.”

JOHN FLAVEL



PREPARE YOUR HEART

At the dawning of this new day, take a moment to dedicate your labours to the Lord.

O Lord, open our lips.
and our mouth shall proclaim your praise.

The night has passed, and the day lies open before us;
 let us pray with one heart and mind:

**Almighty God, as I cross the threshold of this day,
 I commit myself, soul, body, affairs, friends, to Your
 care. Watch over, keep, guide, direct, sanctify, bless me.
 Incline my heart to Your ways. Mould me wholly into
 the image of Jesus, as a potter forms clay. Amen.**

CHARLES SPURGEON

MORNING PSALM

Don't just read the Psalm this morning; use it as a prayer.



The appointed psalm is read.
Check reading plan at the back of this book.

The Psalm ends with
 Glory to the Father and to the Son
 and to the Holy Spirit;
 as it was in the beginning
 is now and shall be for ever. Amen.



MORNING LESSON

As you read this morning's lesson, remind yourself that these words were breathed out by God for your training, correction and equipping (1 Tim 3:16-17).



The appointed bible lesson is read.
Check reading plan at the back of this book.

QUIET REFLECTION

Following the lesson, take a moment to listen to the Lord. Be still and know that he is God.

Following the reflection:

God is our refuge and strength,
an ever-present help in trouble.

**God is our refuge and strength,
an ever-present help in trouble.**

Therefore we will not fear, though the earth give way
and the mountains fall into the heart of the sea.

**God is our refuge and strength,
an ever-present help in trouble.**

FROM PSALM 46

PRAYERS

What is on your heart this morning that you want to bring before the Lord? Here are a few things you could pray for:

- Young Christians growing in their faith.
- Protection and wisdom for your pastor and leaders.
- Unity in the church.
- For our youth and children, that they would know the love of God in Christ Jesus.



THE COLLECT

Come, Holy Spirit, fill the hearts of your faithful people and kindle in me the fire of your love. Direct and rule my heart in all things, empower me for witness and ministry, and daily increase in me your gifts and fruit, to the glory of God the Father; through Jesus Christ our Lord. Amen.

AN ANGLICAN CATECHISM

THE LORD'S PRAYER

As our Saviour taught us, so we pray:

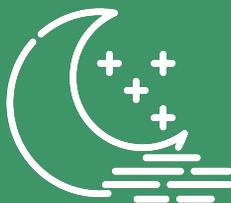
Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from evil.

MATTHEW 6:9-13

BENEDICTION

Now may the God of peace who brought again from the dead our Lord Jesus, the great shepherd of the sheep, by the blood of the eternal covenant, equip you with everything good that you may do his will, working in us that which is pleasing in his sight, through Jesus Christ, to whom be glory forever and ever. Amen.

HEBREWS 13:20-21



THURSDAY

EVENING

As the sun sets on this day, remember:

“Things seem to hang on a small and invisible thread. But our comfort is that Christ lives and reigns, and stands on Mount Zion in defense of those who stand for him.”

RICHARD SIBBES



INVOCATION

Come to prayer this evening in awe of the God who is omnipotent and glorious beyond compare, yet chose to save a sinner like you.

Oh, the depth of the riches and wisdom and knowledge of God. How unsearchable are his judgments and how unsearchable his ways.

ROMANS 11:33

CONFESSION

Pause and let the Holy Spirit shed light on the areas of your heart where you have been treasuring worldly things above the Lord Jesus Christ.

O Lord, I do not deserve a glimpse of heaven, and I am unable with my works to redeem myself from sin, death, the devil, and hell. Nevertheless, you have given me your Son, Jesus Christ, who is far more precious and dear than heaven, and much stronger than sin, death, the devil, and hell. For this I rejoice, praise, and thank you, O God. Without cost and out of pure grace you have given me this boundless blessing in your dear Son. Through him you take sin, death, and hell from me, and do grant me all that belongs to him. Amen.

MARTIN LUTHER

ASSURANCE

There is now no condemnation for those who are in Christ Jesus. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace. As far as the east is from the west, so far has he removed our transgressions from us. Amen.

ROMANS 8:1, EPHESIANS 1:7, PSALM 103:12



REJOICE

Rejoice in the gift of grace found in Jesus Christ. Let not your sense of sin quench your joy of pardon. Stand in wonder that the Father set his love upon you before he laid the foundations of the Earth. Thank him that his mercy for you is new every morning. Fix your eyes upon the real and glorious hope of heaven.

Following the reflection:

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

BOOK OF COMMON PRAYER

EVENING PSALM



The appointed psalm is read.

Check reading plan at the back of this book.

The Psalm ends with

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning
is now and shall be for ever. Amen.

EVENING LESSON

As you read's God's word, cling to his promises, learn about his character, and behold his salvation.



The appointed bible lesson is read.

Check reading plan at the back of this book.



QUIET REFLECTION

Take a time of quiet reflection and meditate on God's Word. Recall what you have just read. How is God speaking to you through the Holy Scriptures this evening?

Following the reflection:

Why are you cast down, O my soul?

Put your hope in God.

Why are you cast down, O my soul?

Put your hope in God.

By day the Lord commands his steadfast love,
and at night his song is with me.

Why are you cast down, O my soul?

Put your hope in God.

FROM PSALM 42

THANKSGIVING

What are you thankful to God for today?

- Thank him for providing for you daily.
- Thank him for leading you through suffering and being your rock.
- Thank him for a hope that lasts beyond the grave.

THE COLLECT

Lighten our darkness, we beseech you, O Lord; and by your great mercy defend us from all perils and dangers of this night; for the love of your only Son, our Saviour Jesus Christ. Amen.

BOOK OF COMMON PRAYER



THE CONCLUSION

To the King of ages, immortal, invisible, the only God, be honor and glory forever and ever. Amen.

1 TIMOTHY 1:17

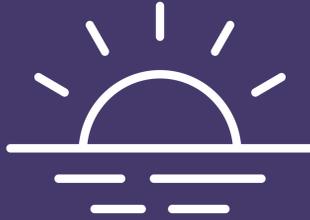
“I will lie down in peace, and take my rest; for you, Lord, only, make me dwell in safety.”

PSALM 4:8



RESPONSES

You will notice that some of the prayers have sections in bold. If you are using this book together with a group, use the bold sections as responses. If you are reading it alone, just ignore the bolding.



FRIDAY

MORNING

Remember who you are this morning:

“You are a chosen race, a royal priesthood, a holy nation, a people for his own possession, that you may proclaim the excellencies of him who called you out of darkness into his marvelous light.”

1 PETER 2:9



PREPARE YOUR HEART

Take a moment to quiet your heart and find your strength in Jesus, who has overcome this world.

O Lord, open our lips
and our mouth shall proclaim your praise.

Gracious Father, I come to you through the saving work of your Son Jesus Christ upon the Cross. Thank you for adopting me as your child through the Holy Spirit. Grant me the grace to know the fullness of your fatherly love, that I may delight in the promises of your eternal Kingdom, both now and in the age to come. Amen.

AN ANGLICAN CATECHISM

MORNING PSALM

As you read this morning's psalm, pray for the same honesty, affection and trust in the Lord that the psalmists reveal.



The appointed psalm is read.
Check reading plan at the back of this book.

The Psalm ends with
Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning
is now and shall be for ever.
Amen.



MORNING LESSON

As you read the lesson, slow down and let its truth displace any lies that you are living out of.



The appointed lesson is read.
Check reading plan at the back of this book.

QUIET REFLECTION

Following the lesson, take a moment to listen to the Lord. Be still and know that he is God.

Following the reflection:

The grass withers, the flower fades,
 but the word of our God will stand forever.

**The grass withers, the flower fades,
 but the word of our God will stand forever.**

The Lord is the everlasting God,
 the Creator of the ends of the earth.

**The grass withers, the flower fades,
 but the word of our God will stand forever.**

FROM ISAIAH 40

PRAYERS

What is on your heart this morning that you want to bring before the Lord? Here are a few things you could pray for:

- That you would remember that you work each day for God and not for men.
- A thankful heart in all circumstances.
- A trust in God's sovereign care.



THE COLLECT

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. Amen.

BOOK OF COMMON PRAYER

THE LORD'S PRAYER

As our Saviour taught us, so we pray:

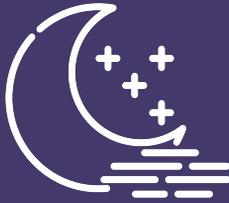
Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from evil.

MATTHEW 6:9-13

BENEDICTION

I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people, and his incomparably great power for us who believe. Amen.

EPHESIANS 1:18-19



FRIDAY

EVENING

This evening, speak this truth to your soul:

“Though thy faith be but weak, yet be not discouraged.
A weak faith may receive a strong Christ.”

THOMAS WATSON



INVOCATION

Before you begin to pray, remember who God is and who you are.

Who is like you, O Lord, among the gods?
Who is like you, majestic in holiness,
awesome in glorious deeds, doing wonders?

EXODUS 15:11

CONFESSION

Take a moment to let the Holy Spirit convict you of this day's sins. Don't hide or minimize your failures, instead, feel their weight and set them at the foot of the cross.

Almighty and most merciful Father, we have erred and strayed from your ways like lost sheep. We have followed too much the devices and desires of our own hearts. We have offended against your holy laws. We have left undone those things which we ought to have done, and we have done those things which we ought not to have done; and apart from your grace, there is no health in us. O Lord, have mercy upon us. Spare all those who confess their faults. Restore all those who are penitent, according to your promises declared to all people in Christ Jesus our Lord. And grant, O most merciful Father, for his sake, that we may now live a godly, righteous, and sober life, to the glory of your holy name. Amen.

BOOK OF COMMON PRAYER



ASSURANCE

If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace. Amen.

1 JOHN 1:8-9 EPH 1:7

PREPARE YOUR HEART

In the quiet of this evening, be still before the Lord and know that he is God.

O God, make speed to save us.

O Lord, make haste to help us.

Abide with us, Lord, for it is evening,
and day is drawing to a close,
let us pray with one heart and mind:

**Giver of all, another day is ended and I take my place
beneath my great redeemer's cross, where healing
streams continually descend, assured that You see in
me no spots of sin. Yet a little while and I shall go to
Your home and be no more seen. Help me to walk as
if each moment were my last, that my life be joy, my
death glory. Blessed be my sovereign Lord. Amen.**

CHARLES SPURGEON



EVENING PSALM



The appointed psalm is read.
Check reading plan at the back of this book.

The Psalm ends with

Glory to the Father and to the Son and to the Holy Spirit;
 as it was in the beginning is now and shall be for ever.
 Amen.

EVENING LESSON

As you read these words of scripture, remember that they are the very words of God.



The appointed bible lesson is read.
Check reading plan at the back of this book.

QUIET REFLECTION

Take a time of quiet reflection and meditate on God's Word.

Following the reflection:

I know that my Redeemer lives,
 and at the last he will stand upon the earth.

**I know that my Redeemer lives,
 and at the last he will stand upon the earth.**

And after my skin has been thus destroyed,
 yet in my flesh I shall see God.

**I know that my Redeemer lives,
 and at the last he will stand upon the earth.**

FROM JOB 19



THANKSGIVING

During this time, take a moment to thank God for his provision and goodness to you this day.

- Thank him for the gift of your family.
- Thank him for your marriage and children (or those within your family).
- Thank him for the family of God.

THE COLLECT

Visit this place, O Lord, and drive far from it all snares of the enemy; let your holy angels dwell with us to preserve us in peace; and let your blessing be upon us always; through Jesus Christ our Lord. Amen.

BOOK OF COMMON PRAYER

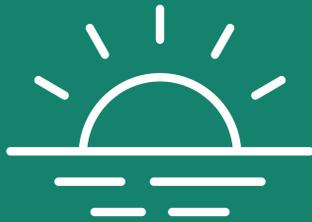
THE CONCLUSION

I lift up my eyes to the hills. From where does my help come? My help comes from the Lord, who made heaven and earth. He will not let your foot be moved; he who keeps you will not slumber. Behold, he who keeps Israel will neither slumber nor sleep. The Lord will keep you from all evil; he will keep your life. The Lord will keep your going out and your coming in from this time forth and forevermore. Amen.

PSALM 121

“I will lie down in peace, and take my rest; for you, Lord, only, make me dwell in safety.”

PSALM 4:8



HOLY WEEK

MORNING

This week, keep the cross of Christ ever before you.
“There is more to be learned at the foot of the cross than anywhere else in the world.”

J.C. RYLE



PREPARE YOUR HEART

Take a moment to quiet your heart and bow your knee at the foot of the cross.

All we like sheep have gone astray;
 we have turned every one to his own way,
And the Lord has laid on him the iniquity of us all.

O God, who for our redemption gave your only begotten Son to die upon the Cross, and by his glorious resurrection delivered us from the devil and the power of death: Grant us grace to die daily to sin, that we may live with him in the joy of his resurrection; who lives and reigns with you and the Holy Spirit, now and for ever. Amen.

BOOK OF COMMON PRAYER

MORNING PSALM

As you read this morning's psalm, pray that you would see Christ in the text, as all of the scriptures find their fulfillment in him.



The appointed psalm is read (except on sat-sun).
Check reading plan at the back of this book.

The Psalm ends with
 Glory to the Father and to the Son
 and to the Holy Spirit;
 as it was in the beginning
 is now and shall be for ever.
 Amen.



MORNING LESSON

As you read the lesson, slow down and let its truth displace any lies that you are living out of.



The appointed lesson is read (except on sat-sun).
Check reading plan at the back of this book.

HOLY WEEK READING



Below are the additional morning readings during Holy Week.

SUNDAY <i>Luke 19:28-40</i>	MONDAY <i>Luke 22:1-23</i>	TUESDAY <i>Luke 22:35-46</i>	WEDNESDAY <i>Luke 22:54-62</i>
THURSDAY <i>1 Cor 11:23-26</i>	FRIDAY <i>Luke 23:1-25</i>	SATURDAY <i>Luke 23:50-56</i>	SUNDAY <i>John 20:1-18</i>

QUIET REFLECTION

Following the lesson, take a moment to dwell on this morning's readings. Feel the weight of God's love for you in Jesus. He suffered and died for you - a rebel and a sinner, so that you could be reconciled with him.

Following the reflection:

He was pierced for our transgressions;
he was crushed for our iniquities.

**He was pierced for our transgressions;
he was crushed for our iniquities.**

Upon him was the chastisement that brought us peace,
and with his wounds we are healed.

**He was pierced for our transgressions;
he was crushed for our iniquities.**

FROM ISAIAH 53



PRAYERS

During this time, bring your requests to Almighty God. Here are a few things you could pray for:

- That the wonder of the cross would capture your heart anew this Easter.
- Courage to take up your cross and follow Jesus.
- Unsaved people visiting church this Easter. That they would be drawn to Jesus, repent, and be saved.

THE COLLECT

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the Cross, may find it none other than the way of life and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

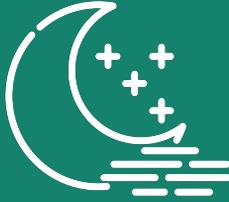
Amen.

BOOK OF COMMON PRAYER

BENEDICTION

He himself bore our sins in his body on the tree, that we might die to sin and live to righteousness. By his wounds you have been healed. For you were straying like sheep, but have now returned to the Shepherd and Overseer of your souls.

1 PETER 2:24-25



HOLY WEEK

EVENING

This evening, marvel at the glorious reality of your union with Christ.

“I died with Him, I was buried with Him, I rose with Him; I am in the new realm. It is a new life altogether.”

MARTYN LLOYD JONES



PREPARE YOUR HEART

Take moment to think about where you would be without the cross and resurrection of Jesus Christ.

While we were still weak, at the right time Christ died for the ungodly. God shows his love for us in that while we were still sinners, Christ died for us.

Since, therefore, we have now been justified by his blood, much more shall we be saved by him from the wrath of God.

ROMANS 5:6,8-9

CONFESSION

Take a moment to let the Holy Spirit convict you of this day's sins. Don't hide or minimize your failures, instead, feel their weight and set them at the foot of the cross.

Almighty and most merciful Father, we have erred and strayed from your ways like lost sheep. We have followed too much the devices and desires of our own hearts. We have offended against your holy laws. We have left undone those things which we ought to have done, and we have done those things which we ought not to have done; and apart from your grace, there is no health in us. O Lord, have mercy upon us. Spare all those who confess their faults. Restore all those who are penitent, according to your promises declared to all people in Christ Jesus our Lord. And grant, O most merciful Father, for his sake, that we may now live a godly, righteous, and sober life, to the glory of your holy name. Amen.

BOOK OF COMMON PRAYER



ASSURANCE

If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace. Amen.

1 JOHN 1:8-9, EPH 1:7

O death, where is your victory?

O death, where is your sting?

Thanks be to God, who gives us the victory through our Lord Jesus Christ.

Almighty God, who through your only-begotten Son Jesus Christ overcame death and opened to us the gate of everlasting life: Grant that we, who celebrate with joy the day of the Lord's resurrection, may, by your life-giving Spirit, be delivered from sin and raised from death; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

BOOK OF COMMON PRAYER

EVENING PSALM



The appointed psalm is read.

Check reading plan at the back of this book.

The Psalm ends with

Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.



EVENING LESSON

As you read the lesson, slow down and let its truth displace any lies that you are living out of.



The appointed lesson is read (except on sat-sun).
Check reading plan at the back of this book.

HOLY WEEK READING



Below are the additional evening readings during Holy Week.

SUNDAY <i>Luke 19:41-48</i>	MONDAY <i>Luke 22:24-34</i>	TUESDAY <i>Luke 22:47-53</i>	WEDNESDAY <i>Luke 22:63-71</i>
THURSDAY <i>John 13:1-35</i>	FRIDAY <i>Luke 23:26-49</i>	SATURDAY <i>Isaiah 53</i>	SUNDAY <i>John 20:19-31</i>

QUIET REFLECTION

Following the reading, take a moment to wait on the Lord. Let your heart feel the weighty cost of your salvation.

Following the reflection:

For the joy set before him Jesus endured the cross,
 scorning its shame.

**For the joy set before him Jesus endured the cross,
 scorning its shame.**

Looking to Jesus, let us run with endurance the race that is
 set before us,

**For the joy set before him Jesus endured the cross,
 scorning its shame.**

FROM HEBREWS 12



THANKSGIVING

During this time, take a moment to thank God for his provision and goodness to you this day.

- Thank him for dying in your place.
- Thank him for causing you to be born again through his resurrection.
- Thank him for the promise of life everlasting with him in paradise.

THE COLLECT

O God, who by the glorious resurrection of your Son Jesus Christ destroyed death and brought life and immortality to light: Grant that we, who have been raised with him, may abide in his presence and rejoice in the hope of eternal glory; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory, now and for ever. Amen.

BOOK OF COMMON PRAYER

THE CONCLUSION

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen.

“I will lie down in peace, and take my rest; for you, Lord, only, make me dwell in safety.”

PSALM 4:8



PROFILES

SAINTS FROM THE PAST

Profiles

Throughout this book, you will have come across prayers and quotes from Christians throughout the ages. Below are short profiles to help you become acquainted with each of these faithful men of God.

THOMAS CRANMER

Thomas Cranmer (1489–1556) was the first Reformed Archbishop of Canterbury and, in the earliest days of the Anglican Church, no figure exercised as great an influence. He was the primary author of the Anglican Book of Common Prayer.

RECOMMENDED READING: “THE BOOK OF COMMON PRAYER”.

RICHARD SIBBES

Richard Sibbes (1577–1635) was a puritan Anglican minister in England. He was known in his time as the “heavenly doctor” for both his preaching and his holy life. He possessed a unique ability to expose the sinner’s disease while also providing the soothing remedy of Christ in the gospel.

RECOMMENDED READING: “THE BRUISED REED”.

MARTIN LUTHER

Martin Luther (1483–1546) is remembered as one of the fathers of the protestant reformation. His dedication to the gospel brought about widespread reforms in the church that exist to this day.

RECOMMENDED READING: “THE BONDAGE OF THE WILL”.

J.C. RYLE

J.C. Ryle (1816–1900) was the first bishop of Liverpool. He was an outstanding and beloved exponent of the evangelical and reformed faith. He is remembered as being “Bold as a lion for the truth of God’s Word and his Gospel.”

RECOMMENDED READING: “THE CROSS OF CHRIST”.

J.I. PACKER

J.I. Packer (1926-2020) was a Canadian Anglican evangelical theologian and writer. He is widely recognized as one of the most influential theologians of the twentieth century.

RECOMMENDED READING: "KNOWING GOD".

MARTYN LLOYD-JONES

Martyn Lloyd-Jones (1899-1981), a Welsh minister, preacher, and medical doctor, stands as one of the most influential figures in 20th-century Reformed evangelicalism.

RECOMMENDED READING: "STUDIES IN THE SERMON ON THE MOUNT".

MATTHEW HENRY

Matthew Henry (1662-1714) was an English puritan, preacher, and author of one of the most popular biblical commentaries ever written.

RECOMMENDED READING: "COMPLETE COMMENTARY ON THE BIBLE".

SAMUEL RUTHERFORD

Samuel Rutherford (1600-1661) was a Scottish pastor and theologian and one of the main authors of the Westminster Confessions.

RECOMMENDED READING: "THE LOVELINESS OF CHRIST".

THOMAS WATSON

Thomas Watson (1620-1686) was an English Puritan preacher and author known for his sound, heart-searching exposition of Scripture.

RECOMMENDED READING: "ALL THINGS FOR GOOD".

CHARLES SPURGEON

Charles Spurgeon (1834-1892) was an English pastor who was known in the 19th century as the "prince of preachers" for his fervent, Christ-centered preaching.

RECOMMENDED READING: "ALL OF GRACE".

JOHN FLAVEL

John Flavel (1627-1691) was an English Puritan minister and author. One of his hearers said, “that person must have a very soft head, or a very hard heart, or both, that could sit under his ministry unaffected”.

RECOMMENDED READING: “KEEPING THE HEART”.

ARTHUR DENT

Arthur Dent (1552-1607) was an English Puritan author and preacher, born in Melton, Leicestershire.

LEWIS BAYLY

Lewis Bayly (1575-1631) was an English Puritan Bishop and author who wrote one of the most popular devotionals ever written - “The Practice of Piety”.

CLEMENT OF ROME

Born around AD 35, Clement of Rome may have been the same Clement that the apostle Paul mentioned in Philippians 4. The prayer of confession included in this book was taken from a pastoral letter to believers in Corinth.



READINGS

LESSONS + PSALMS

April

READINGS

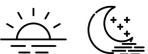
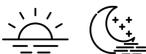
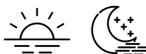
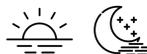
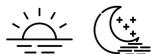
	MORNING PSALM	MORNING LESSON	EVENING PSALM	EVENING LESSON
WEEK 1	1 ○ Psa 119:25-48	1 ○ Exodus 15	1 ○ Psa 119:49-72	1 ○ Matt 17:24-18:14
	2 ○ Psa 119:73-88	2 ○ Exodus 16	2 ○ Psa 119:89-104	2 ○ Matt 18:15-35
	3 ○ Psa 119: 105-128	3 ○ Exodus 17	3 ○ Psa 119:129-152	3 ○ Matt 19:1-15
	4 ○ Psa 119:153-176	4 ○ Exodus 18	4 ○ Psalm 120	4 ○ Matt 19:16-20:16

WEEK 2	7 ○ Psalm 121	7 ○ Exodus 19	7 ○ Psalm 122	7 ○ Matt 20:17-34
	8 ○ Psalm 123	8 ○ Exodus 20	8 ○ Psalm 124	8 ○ Matt 21:1-22
	9 ○ Psalm 125	9 ○ Exodus 21	9 ○ Psalm 126	9 ○ Matt 21:23-46
	10 ○ Psalm 127	10 ○ Exodus 22	10 ○ Psalm 128	10 ○ Matt 22:1-33
	11 ○ Psalm 129	11 ○ Exodus 23	11 ○ Psalm 130	11 ○ Matt 22:34-23:12

HOLY WEEK	14 ○ Psalm 131	14 ○ Exodus 24	14 ○ Psalm 132	14 ○ Matt 23:13-39
	15 ○ Psalm 133	15 ○ Exodus 25	15 ○ Psalm 134	15 ○ Matt 24:1-28
	16 ○ Psalm 135	16 ○ Exodus 26	16 ○ Psalm 136	16 ○ Matt 24:29-51
	17 ○ Psalm 137	17 ○ Exodus 27	17 ○ Psalm 138	17 ○ Matt 25:1-30
	18 ○ Psalm 139	18 ○ Exodus 28	18 ○ Psalm 140	18 ○ Matt 25:31-46

WEEK 4	21 ○ Psalm 141	21 ○ Exodus 29	21 ○ Psalm 142	21 ○ Matt 26:1-30
	22 ○ Psalm 143	22 ○ Exodus 30	22 ○ Psalm 144	22 ○ Matt 26:31-56
	23 ○ Psalm 145	23 ○ Exodus 31	23 ○ Psalm 146	23 ○ Matt 26:57-75
	24 ○ Psalm 147	24 ○ Exodus 32	24 ○ Psalm 148	24 ○ Matt 27:1-26
	25 ○ Psalm 149	25 ○ Exodus 33	25 ○ Psalm 150	25 ○ Matt 27:27-56

WEEK 5	28 ○ Psalm 1	28 ○ Exodus 34	28 ○ Psalm 2	28 ○ Matt 27:57-28:20
	29 ○ Psalm 3	29 ○ Exodus 35	29 ○ Psalm 4	29 ○ Hebrews 1
	30 ○ Psalm 5	30 ○ Exodus 36	30 ○ Psalm 6	30 ○ Hebrews 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY


May

READINGS

	MORNING PSALM	MORNING LESSON	EVENING PSALM	EVENING LESSON
WEEK 1	1 ○ Psalm 7	1 ○ Exodus 37	1 ○ Psalm 8	1 ○ Hebrews 3
	2 ○ Psalm 9	2 ○ Exodus 38	2 ○ Psalm 10	2 ○ Hebrews 4:1-13

WEEK 2	5 ○ Psalm 11	5 ○ Exodus 39	5 ○ Psalm 12	5 ○ Heb 4:14-5:10
	6 ○ Psalm 13	6 ○ Exodus 40	6 ○ Psalm 14	6 ○ Heb 5:11-6:20
	7 ○ Psalm 15	7 ○ Leviticus 1	7 ○ Psalm 16	7 ○ Hebrews 7
	8 ○ Psalm 17	8 ○ Leviticus 2	8 ○ Psalm 18	8 ○ Hebrews 8
	9 ○ Psalm 19	9 ○ Leviticus 3	9 ○ Psalm 20	9 ○ Hebrews 9:1-10

WEEK 3	12 ○ Psalm 21	12 ○ Leviticus 4	12 ○ Psalm 22	12 ○ Heb 9:11-28
	13 ○ Psalm 23	13 ○ Leviticus 5	13 ○ Psalm 24	13 ○ Heb 10:1-18
	14 ○ Psalm 25	14 ○ Leviticus 6	14 ○ Psalm 26	14 ○ Heb 10:19-39
	15 ○ Psalm 27	15 ○ Leviticus 7	15 ○ Psalm 28	15 ○ Hebrews 11
	16 ○ Psalm 29	16 ○ Leviticus 8	16 ○ Psalm 30	16 ○ Heb 12:1-17

WEEK 4	19 ○ Psalm 31	19 ○ Leviticus 9	19 ○ Psalm 32	19 ○ Heb 12:18-29
	20 ○ Psalm 33	20 ○ Leviticus 10	20 ○ Psalm 34	20 ○ Hebrews 13
	21 ○ Psalm 35	21 ○ Leviticus 11	21 ○ Psalm 36	21 ○ Romans 1
	22 ○ Psalm 37	22 ○ Leviticus 12	22 ○ Psalm 38	22 ○ Romans 2
	23 ○ Psalm 39	23 ○ Leviticus 13	23 ○ Psalm 40	23 ○ Romans 3

WEEK 5	26 ○ Psalm 41	26 ○ Lev 14:1-32	26 ○ Psalm 42	26 ○ Romans 4
	27 ○ Psalm 43	27 ○ Lev 14:33-57	27 ○ Psalm 44	27 ○ Romans 5
	28 ○ Psalm 45	28 ○ Leviticus 15	28 ○ Psalm 46	28 ○ Romans 6
	29 ○ Psalm 47	29 ○ Leviticus 16	29 ○ Psalm 48	29 ○ Romans 7
	30 ○ Psalm 49	30 ○ Leviticus 17	30 ○ Psalm 50	30 ○ Romans 8:1-17

MONDAY



TUESDAY



WEDNESDAY



THURSDAY



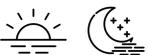
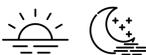
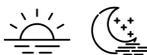
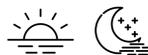
FRIDAY



June

READINGS

	MORNING PSALM	MORNING LESSON	EVENING PSALM	EVENING LESSON
WEEK 1	2 ○ Psalm 51	2 ○ Leviticus 18	2 ○ Psalm 52	2 ○ Romans 8:18-39
	3 ○ Psalm 53	3 ○ Lev 19:1-8	3 ○ Psalm 54	3 ○ Romans 9
	4 ○ Psalm 55	4 ○ Lev 19:19-37	4 ○ Psalm 56	4 ○ Romans 10
	5 ○ Psalm 57	5 ○ Leviticus 20	5 ○ Psalm 58	5 ○ Romans 11
	6 ○ Psalm 59	6 ○ Leviticus 21	6 ○ Psalm 60	6 ○ Romans 12
WEEK 2	9 ○ Psalm 61	9 ○ Lev 22:1-16	9 ○ Psalm 62	9 ○ Romans 13
	10 ○ Psalm 63	10 ○ Lev 22:17-33	10 ○ Psalm 64	10 ○ Romans 14
	11 ○ Psalm 65	11 ○ Lev 23:1-22	11 ○ Psalm 66	11 ○ Romans 15
	12 ○ Psalm 67	12 ○ Lev 23:23-44	12 ○ Psalm 68:1-18	12 ○ Romans 16
	13 ○ Psalm 68:19-36	13 ○ Leviticus 24	13 ○ Psalm 69:1-18	13 ○ 1 Peter 1:1-12
WEEK 3	16 ○ Psalm 69:19-36	16 ○ Lev 25:1-22	16 ○ Psalm 70	16 ○ 1 Peter 1:13-25
	17 ○ Psalm 71	17 ○ Lev 25:23-34	17 ○ Psalm 72	17 ○ 1 Peter 2:1-12
	18 ○ Psalm 73	18 ○ Lev 25:35-55	18 ○ Psalm 74	18 ○ 1 Peter 2:13-25
	19 ○ Psalm 75	19 ○ Lev 26:1-13	19 ○ Psalm 76	19 ○ 1 Peter 3
	20 ○ Psalm 77	20 ○ Lev 26:14-46	20 ○ Psalm 78:1-18	20 ○ 1 Peter 4
WEEK 4	23 ○ Psalm 78:19-40	23 ○ Leviticus 27	23 ○ Psalm 78:41-72	23 ○ 1 Peter 5
	24 ○ Psalm 79	24 ○ Num 1:1-46	24 ○ Psalm 80	24 ○ Galatians 1
	25 ○ Psalm 81	25 ○ Num 1:47-54	25 ○ Psalm 82	25 ○ Galatians 2
	26 ○ Psalm 83	26 ○ Numbers 2	26 ○ Psalm 84	26 ○ Galatians 3
	27 ○ Psalm 85	27 ○ Num 3:1-39	27 ○ Psalm 86	27 ○ Galatians 4
W5	30 ○ Psalm 87	30 ○ Num 3:40-51	30 ○ Psalm 88	30 ○ Galatians 5

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY
