

 DAILY
PRAYER

WINTER

VOL. 1





DAILY PRAYER

FOREWARD

Jesus' parable of the persistent widow is introduced in Luke 18:1 with the words, "And he told them a parable to the effect that they ought always to pray and not lose heart. He said ...". While there are many other passages in scripture where prayer is both instructed and described, this one always stands out to me for its simplicity and tenacity. Christians ought to pray. Christians who pray do not lose heart.

The instruction to pray is a reminder and a joy, not a burden. Prayer recalibrates and reorients our drifting hearts and affections. The tyranny of the urgent readily distracts us from the glorious privilege that is ours in Christ Jesus. Our attention is drawn toward busyness and away from the precious life-giving resource we have been given in prayer. Jesus has reconciled us to God. Now we can pray to God as to a loving Father (Matthew 6:9).

I struggle with sustaining a disciplined pattern of regular prayer. Desperate, sincere, in-the-moment prayer comes easily whenever I hear of or think about someone in need. Yet my heart longs for more. My soul is hungry and thirsty for daily nourishment found only in setting aside regular, intentional time with my Father. I suppose this is something every Christian feels, at least to some extent.

Throughout the centuries, Christians have prayed at assigned hours, particularly in the morning and evening. Our rich Anglican heritage has given us the Daily Offices of Morning Prayer and Evening Prayer. We have adapted these traditional Daily Offices into the booklet you are now holding in your hand. These booklets will be produced and distributed to our church family quarterly. Would you commit to join us in praying these daily prayers throughout the coming year?

Let me say a few things about Daily Prayer.

1

First, you will notice that each day includes both prayer and Bible reading. Charles Spurgeon was asked, “What is more important, prayer or bible reading?” He answered, “I ask, ‘What is more important, breathing in or breathing out.’” This is the genius of our Anglican tradition. It builds prayer around scripture reading and bathes scripture reading in prayer. You can expect to spend 15 minutes each morning and evening.

2

Second, some of the liturgical prayers use first person plural pronouns. They say “we” and “us”. While many of us will pray these prayers alone we find strength and encouragement remembering that our church family prays these same prayers with us, in a sense. Think of these daily prayers as corporate prayer done individually.

3

Third, our church family is comprised mostly of new or mature Christians who have come from other Christian denominations. The practice of daily, liturgical prayer may seem odd at best. You may even recoil from the idea out of a concern for repetition. Remember that Jesus did not forbid repetition, per se, but vain or empty repetition (Matthew 6:7). These written prayers will serve a few good purposes in your walk with Jesus. They establish determined times to pray in the morning and evening. Think of it as putting your life on rails by starting and ending the day in God’s word and prayer.

Written prayers also enrich our vocabulary in talking about, thinking about and serving the Lord. This is a sentiment captured in the motto *Lex Orandi, Lex Credendi*, literally meaning “What is Prayed” is “What is Believed”.

Our team has prepared this resource for you. Bryan, Dan and Brock have poured over Anglican prayer books, developed a lectionary, and beta-tested it. I am eager to grow in the discipline of Daily Prayer, I commit to doing it and commend it to you wholeheartedly.

Romans 12:12 says, “...be constant in prayer.” 1 Thessalonians 5:17 says, “Pray without ceasing ...” Colossians 4:2 says, “Continue steadfastly in prayer ...”

Always pray and do not lose heart.

R.D. Glenn

R. D. GLENN

SOURCES

The prayers in this booklet are primarily taken from 3 sources -



1. The Anglican Book of Common Prayer (2019)
2. Common Worship: Daily Prayer
3. To Be a Christian: An Anglican Catechism

5-DAY PLAN

Daily Prayer has morning and evening sections for Monday-Friday, with a corresponding Bible-reading plan at the back of the booklet. If you get behind on your Bible plan, don't worry. Use the weekend to get caught up.





MONDAY

MORNING

As you begin a new week, quiet your mind and remember this truth:

“The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness.”

LAMENTATIONS 3:22-23

PREPARE YOUR HEART

O Lord, open our lips

and our mouth shall proclaim your praise.

The night has passed, and the day lies open before us;
let us pray with one heart and mind:

**As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever. Amen.**

COMMON WORSHIP: DAILY PRAYER

MORNING PSALM

Don't just read the Psalm this morning; use it as a prayer.

The appointed psalm is read.

Check reading plan at the back of this booklet.

The Psalm ends with

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning
is now and shall be for ever. Amen.



MORNING LESSON

As you read this morning's scripture lesson, remember that these are the very words of the Living God. Cherish them as food for your soul this day.

The appointed bible lesson is read.
Check reading plan at the back of this booklet.

QUIET REFLECTION

Following the lesson, take a moment and meditate on the precious and very great promises of God revealed to you through his word.

Following the reflection:

Fear not, for I have redeemed you.

I have called you by name; you are mine.

Fear not, for I have redeemed you.

I have called you by name; you are mine.

When you pass through the waters, I will be with you.

When you walk through fire, you shall not be burned.

Fear not, for I have redeemed you.

I have called you by name; you are mine.

FROM ISAIAH 43

PRAYERS

During this time, bring your requests to Almighty God. Here are a few things you could pray for:

- The week and its tasks.
- Open eyes to see opportunities to share the gospel.
- Protection and faith for your family.
- Strength to endure with patience and hope through hardships.
- A heart that works with integrity and diligence to please God, not man.



RESPONSES

You will notice that some of the prayers have sections in bold. If you are using this booklet together with a group, use the bold sections as responses. If you are reading it alone, just ignore the bolding.



THE COLLECT

O God our King, by the resurrection of your Son Jesus Christ on the first day of the week, you conquered sin, put death to flight, and gave us the hope of everlasting life: Redeem all our days by this victory; forgive our sins, banish our fears, make us bold to praise you and to do your will; and steel us to wait for the consummation of your kingdom on the last great Day; through Jesus Christ our Lord. Amen.

BOOK OF COMMON PRAYER

THE LORD'S PRAYER

As our Saviour taught us, so we pray:

Our Father in heaven, hallowed be your name.
Your kingdom come, your will be done, on earth as it is in heaven.
Give us this day our daily bread, and forgive us our debts,
as we also have forgiven our debtors.
And lead us not into temptation, but deliver us from evil.

MATTHEW 6:9-13

BENEDICTION

“Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, to him be glory in the church and in Christ Jesus throughout all generations, forever and ever.”

Amen.

EPHESIANS 3:20-21



MONDAY

EVENING

Hear these words of Christ welcoming you into his presence this evening:

“Come to me all you who are weary and burdened and I will give you rest.”

MATTHEW 11:28

CONFESSION

Take a moment to search your heart and let the Holy Spirit shed light on areas of this day where you have failed to trust in Jesus.

Almighty and most merciful Father,
we have erred and strayed from your ways like lost sheep.
We have followed too much the devices and desires of our own hearts.
We have offended against your holy laws.
We have left undone those things which we ought to have done,
and we have done those things which we ought not to have done;
and apart from your grace, there is no health in us.
O Lord, have mercy upon us. Spare all those who confess their faults.
Restore all those who are penitent, according to your promises
declared to all people in Christ Jesus our Lord.
And grant, O most merciful Father, for his sake,
that we may now live a godly, righteous, and sober life,
to the glory of your holy Name. Amen.

BOOK OF COMMON PRAYER

ASSURANCE

God does not deal with us according to our sins, nor repay us according to our iniquities. He did not send his Son into the world to condemn the world, but in order that the world might be saved through him. In Christ, we have redemption, the forgiveness of sins. Amen.

PSALM 103:10, JOHN 3:17, EPH 1:7



PREPARE YOUR HEART

As the busyness of this day fades to evening, slow your heart, quiet your mind and be still before the Lord.

O God, make speed to save us.

O Lord, make haste to help us.

Abide with us, Lord, for it is evening,
and day is drawing to a close,
let us pray with one heart and mind:

**As our evening prayer rises before you, O God,
so may your mercy come down upon us
to cleanse our hearts and set us free to sing your praise,
now and for ever. Amen.**

COMMON WORSHIP: DAILY PRAYER

EVENING PSALM

The appointed psalm is read.

Check reading plan at the back of this booklet.

The Psalm ends with

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning
is now and shall be for ever. Amen.

EVENING LESSON

As you read tonight's scripture, remember that the bible is living and active (Heb 4:12) and God is speaking to you through it right now.

The appointed bible lesson is read.

Check reading plan at the back of this booklet.

QUIET REFLECTION

Take a time of quiet reflection and meditate on God's Word. Recall what you have just read. How is God speaking to you through the Holy Scriptures this evening?



Following the reflection:

Trust in the Lord with all your heart;
and be not wise in your own sight.

**Trust in the Lord with all your heart;
and be not wise in your own sight.**

In all your ways acknowledge him
and he will make straight your paths.

**Trust in the Lord with all your heart;
and be not wise in your own sight.**

FROM PROVERBS 3

THANKSGIVING

During this time, take a moment to thank God for his provision and goodness to you this day.

- Thank him for watching over your family this day.
- Thank him for his provision.
- Thank him for his unmerited love for you in Jesus.

THE COLLECT

Lord, support us all the day long through this trouble-filled life, until the shadows lengthen, and the evening comes, and the busy world is hushed, and the fever of life is over, and our work is done. Then in your mercy grant us a safe lodging, and a holy rest, and peace at the last. Amen.

BOOK OF COMMON PRAYER

THE CONCLUSION

The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with us all evermore.
Amen.

“I will lie down in peace, and take my rest; for you, Lord, only, make me dwell in safety.”

PSALM 4:8



TUESDAY

MORNING

“Prayer is to faith what breath is to life.”

J. C. RYLE

PREPARE YOUR HEART

Calm your thoughts and become aware of God's presence surrounding and sustaining you this morning.

O Lord, open our lips
and our mouth shall proclaim your praise.

The night has passed, and the day lies open before us;
let us pray with one heart and mind:

**As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever. Amen.**

COMMON WORSHIP: DAILY PRAYER

MORNING PSALM

As you read this morning's psalm, pray for the same honesty, affection and trust in the Lord that the psalmists reveal.

The appointed psalm is read.
Check reading plan at the back of this booklet.

The Psalm ends with
Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning
is now and shall be for ever. Amen.



MORNING LESSON

As you read God's word this morning, keep Christ in view, for He is the central sun that illuminates all of scripture.

The appointed bible lesson is read.
Check reading plan at the back of this booklet.

QUIET REFLECTION

Following the lesson, take a moment to listen to the Lord. Be still and know that He is God.

Following the reflection:

The Lord is my light and my salvation;
the Lord is the strength of my life.
**The Lord is my light and my salvation;
the Lord is the strength of my life.**
The light shines in the darkness
and the darkness has not overcome it.
**The Lord is my light and my salvation;
the Lord is the strength of my life.**

FROM PSALM 27 & JOHN 1

PRAYERS

During this time, bring your requests to Almighty God. Here are a few things you could pray for:

- That unsaved loved ones would repent and turn to Jesus.
- That government leaders would lead in godliness.
- That Burlington would be radically transformed by the gospel.
- That Canada would become a light for Christ among the nations.



THE COLLECT

O Lord, our heavenly Father, almighty and everlasting God, you have brought us safely to the beginning of this day: Defend us by your mighty power, that we may not fall into sin nor run into any danger; and that, guided by your Spirit, we may do what is righteous in your sight; through Jesus Christ our Lord. Amen.

BOOK OF COMMON PRAYER

THE LORD'S PRAYER

As our Saviour taught us, so we pray:

Our Father in heaven, hallowed be your name.
Your kingdom come, your will be done, on earth as it is in heaven.
Give us this day our daily bread, and forgive us our debts,
as we also have forgiven our debtors.
And lead us not into temptation, but deliver us from evil.

MATTHEW 6:9-13

BENEDICTION

“Therefore, my beloved brothers, be steadfast, immovable, always abounding in the work of the Lord, knowing that in the Lord your labor is not in vain.”

Amen.

1 CORINTHIANS 15:58



TUESDAY

EVENING

Rest in the finished work of Christ this evening:

“He himself bore our sins in his body on the tree, that we might die to sin and live to righteousness. By his wounds you have been healed.”

1 PETER 2:24

CONFESSION

Take a moment to search your heart and let the Holy Spirit shed light on areas of this day where you have fallen into sin.

O Lord, I do not deserve a glimpse of heaven, and I am unable with my works to redeem myself from sin, death, the devil, and hell. Nevertheless, you have given me your Son, Jesus Christ, who is far more precious and dear than heaven, and much stronger than sin, death, the devil, and hell. For this I rejoice, praise, and thank you, O God. Without cost and out of pure grace you have given me this boundless blessing in your dear Son. Through him you take sin, death, and hell from me, and do grant me all that belongs to him. Amen.

MARTIN LUTHER

ASSURANCE

God does not deal with us according to our sins, nor repay us according to our iniquities. He did not send his Son into the world to condemn the world, but in order that the world might be saved through him. In Christ, we have redemption, the forgiveness of sins. Amen.

PSALM 103:10, JOHN 3:17, EPH 1:7



REJOICE

Dwell upon the magnitude of salvation and the free gift of grace: the forgiveness of sins, the hope of everlasting life and the reconciliation of all things. Express your gratitude to the Father for the redemption offered to us in Christ and for the gift of his Holy Spirit.

Following the reflection:

Heavenly Father, you made us for yourself, and our hearts are restless until they rest in you: Direct our heartfelt desires and defend us against our Enemy, that we may pray according to your will; through Jesus Christ our Lord; who lives and reigns with you and the Holy Spirit, world without end. Amen.

AN ANGLICAN CATECHISM

EVENING PSALM

The appointed psalm is read.
Check reading plan at the back of this booklet.

The Psalm ends with
Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning
is now and shall be for ever. Amen.

EVENING LESSON

As you read tonight's scripture, let God's word convict, comfort and strengthen you.

The appointed bible lesson is read.
Check reading plan at the back of this booklet.

QUIET REFLECTION

Take a time of quiet reflection and meditate on God's Word. Recall what you have just read. How is God speaking to you through the Holy Scriptures this evening?



Following the reflection:

Lord, you will guide me with your counsel
and afterwards receive me with glory.

**Lord, you will guide me with your counsel
and afterwards receive me with glory.**

For I am always with you; you hold me by my right hand.

**Lord, you will guide me with your counsel
and afterwards receive me with glory.**

FROM PSALM 73

THANKSGIVING

During this time, take a moment to thank God for his provision and goodness to you this day.

- Thank him for holding you fast this day.
- Thank him that nothing can separate you from his love in Christ Jesus.
- Thank him that heaven is your future.

THE COLLECT

Be present, O merciful God, and protect us through the hours of this night, so that we who are wearied by the changes and chances of this life may rest in your eternal changelessness; through Jesus Christ our Lord. Amen.

BOOK OF COMMON PRAYER

THE CONCLUSION

The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with us all evermore.
Amen.

"I will lie down in peace, and take my rest; for you, Lord, only, make me dwell in safety."

PSALM 4:8



WEDNESDAY

MORNING

“I will sing of your strength, in the morning I will sing of your love; for you are my fortress, my refuge in times of trouble.”

PSALM 59:16

PREPARE YOUR HEART

As you begin this new day, take a moment to quiet your heart, settle your wandering thoughts, and set your mind on things above.

O Lord, open our lips.

and our mouth shall proclaim your praise.

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

**As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever. Amen.**

COMMON WORSHIP: DAILY PRAYER

MORNING PSALM

Look for Christ in this morning's Psalm. Only he will render it a source of gospel-shaped comfort, prayer, and praise.

The appointed psalm is read.

Check reading plan at the back of this booklet.

The Psalm ends with

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning
is now and shall be for ever. Amen.



MORNING LESSON

Feed on God's word this morning and let it strengthen you for the day.

The appointed bible lesson is read.
Check reading plan at the back of this booklet.

QUIET REFLECTION

Following the lesson, take a moment to listen to the Lord. Be still and know that He is God.

Following the reflection:

Open my eyes, O Lord,
that I may see the wonders of your law.

**Open my eyes, O Lord,
that I may see the wonders of your law.**

Lead me in the path of your commandments

**Open my eyes, O Lord,
that I may see the wonders of your law.**

FROM PSALM 1

PRAYERS

During this time, bring your requests to Almighty God. Here are a few things you could pray for:

- The gift of faith for family members who don't know Christ.
- Patience and wisdom for parents.
- Marriages centered on the gospel.
- Peace where there is conflict in the family.
- Health where there is sickness in the family.



THE COLLECT

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries, through the might of Jesus Christ our Lord. Amen.

BOOK OF COMMON PRAYER

THE LORD'S PRAYER

As our Saviour taught us, so we pray:

Our Father in heaven, hallowed be your name.
Your kingdom come, your will be done, on earth as it is in heaven.
Give us this day our daily bread, and forgive us our debts,
as we also have forgiven our debtors.
And lead us not into temptation, but deliver us from evil.

MATTHEW 6:9-13

BENEDICTION

“Now may our Lord Jesus Christ himself, and God our Father, who loved us and gave us eternal comfort and good hope through grace, comfort your hearts and establish them in every good work and word. Amen.”

2 THESSALONIANS 2:16-17



SINGULAR OR PLURAL

You will notice that the majority of the prayers in this booklet are written using plural pronouns (we, us, etc.). This is to help us remember that we are praying these prayers together with our church family. While this is true, you may find it helpful to sometimes change these prayers to singular pronouns (I, me, etc.) to make them more personal.



WEDNESDAY

EVENING

Hear these words of Jesus for you:

“Behold, I stand at the door and knock. If anyone hears my voice and opens the door, I will come in to him and eat with him, and he with me.”

1 PETER 2:24

CONFESSION

Take a moment to search your heart and let the Holy Spirit shed light on areas of this day where you have failed to trust in Jesus.

Almighty and most merciful Father,
we have erred and strayed from your ways like lost sheep.
We have followed too much the devices and desires of our own hearts.
We have offended against your holy laws.
We have left undone those things which we ought to have done,
and we have done those things which we ought not
to have done; and apart from your grace, there is no health in us.
O Lord, have mercy upon us. Spare all those who confess their faults.
Restore all those who are penitent, according to your promises
declared to all people in Christ Jesus our Lord.
And grant, O most merciful Father, for his sake,
that we may now live a godly, righteous, and sober life,
to the glory of your holy Name. Amen.

BOOK OF COMMON PRAYER

ASSURANCE

God does not deal with us according to our sins, nor repay us according to our iniquities. He did not send his Son into the world to condemn the world, but in order that the world might be saved through him. In Christ, we have redemption, the forgiveness of sins. Amen.

PSALM 103:10, JOHN 3:17, EPH 1:7



PREPARE YOUR HEART

Keep yourself from rushing through these prayers. Instead, linger over them and let them lead you to Jesus.

O God, make speed to save us.

O Lord, make haste to help us.

Abide with us, Lord, for it is evening,
and day is drawing to a close,
let us pray with one heart and mind.

**As our evening prayer rises before you, O God,
so may your mercy come down upon us to cleanse our hearts
and set us free to sing your praise now and for ever.**

Amen.

COMMON WORSHIP: DAILY PRAYER

EVENING PSALM

The appointed psalm is read.

Check reading plan at the back of this booklet.

The Psalm ends with

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning
is now and shall be for ever. Amen.

EVENING LESSON

God's word is a lamp unto your feet and a light to your path (Psa 119:105).

This evening, let God's word chase away the shadows of this day.

The appointed bible lesson is read.

Check reading plan at the back of this booklet.

QUIET REFLECTION

Take a time of quiet reflection and meditate on God's Word. Recall what you have just read. How is God speaking to you through the Holy Scriptures this evening?



Following the reflection:

Your salvation is near to those who fear you;
that glory may dwell in our land.

**Your salvation is near to those who fear you;
that glory may dwell in our land.**

Mercy and truth have met together;
righteousness and peace have kissed each other.

**Your salvation is near to those who fear you;
that glory may dwell in our land.**

FROM PSALM 85

THANKSGIVING

During this time, take a moment to thank God for his provision and goodness to you this day.

- Thank him for his word.
- Thank him for his Spirit living in you.
- Thank him for adopting you to be his child.

THE COLLECT

Lord Jesus, stay with us, for evening is at hand and the day is past; be our companion in the way, kindle our hearts, and awaken hope, that we may know you as you are revealed in Scripture and the breaking of bread. Grant this for the sake of your love. Amen.

BOOK OF COMMON PRAYER

THE CONCLUSION

The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with us all evermore.
Amen.

“I will lie down in peace, and take my rest; for you, Lord, only, make me dwell in safety.”

PSALM 4:8



THURSDAY

MORNING

“Whatever you do, work heartily, as for the Lord and not for men, knowing that from the Lord you will receive the inheritance as your reward.”

COLOSSIANS 3:23-24

PREPARE YOUR HEART

At the dawning of this new day, take a moment to dedicate your labours to the Lord.

O Lord, open our lips.

and our mouth shall proclaim your praise.

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

**As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever. Amen.**

COMMON WORSHIP: DAILY PRAYER

MORNING PSALM

Don't just read the Psalm this morning; use it as a prayer.

The appointed Psalm is read.

Check reading plan at the back of this booklet.

The Psalm ends with

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning
is now and shall be for ever. Amen.



MORNING LESSON

As you read this morning's lesson, remind yourself that these words were breathed out by God for your training, correction and equipping (1 Tim 3:16-17).

The appointed bible lesson is read.
Check reading plan at the back of this booklet.

QUIET REFLECTION

Following the lesson, take a moment to listen to the Lord. Be still and know that he is God.

Following the reflection:

Fear not, for I have redeemed you.

I have called you by name; you are mine.

Fear not, for I have redeemed you.

I have called you by name; you are mine.

When you pass through the waters, I will be with you.

When you walk through fire, you shall not be burned.

Fear not, for I have redeemed you.

I have called you by name; you are mine.

FROM ISAIAH 43

PRAYERS

During this time, bring your requests to Almighty God. Here are a few things you could pray for:

- Young Christians growing in their faith.
- Protection and wisdom for our pastors and leaders.
- Unity and harmony in our congregation.
- Discipleship in our Growth Groups.



THE COLLECT

O God, the King eternal, whose light divides the day from the night and turns the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness during the day, we may, when night comes, rejoice to give you thanks; through Jesus Christ our Lord. Amen.

BOOK OF COMMON PRAYER

THE LORD'S PRAYER

As our Saviour taught us, so we pray:

Our Father in heaven, hallowed be your name.
Your kingdom come, your will be done, on earth as it is in heaven.
Give us this day our daily bread, and forgive us our debts,
as we also have forgiven our debtors.
And lead us not into temptation, but deliver us from evil.

MATTHEW 6:9-13

BENEDICTION

Now may the God of peace who brought again from the dead our Lord Jesus, the great shepherd of the sheep, by the blood of the eternal covenant, equip you with everything good that you may do his will, working in us that which is pleasing in his sight, through Jesus Christ, to whom be glory forever and ever. Amen.

HEBREWS 13:20-21



THURSDAY

EVENING

As the sun sets on this day, remember:

“We have this for a foundation truth, that there is more mercy in Christ than sin in us.”

RICHARD SIBBES

CONFESSION

Take a moment to let the Holy Spirit convict you of this day's sins, and in confessing them, let it press you deeper into Jesus, who died to save sinners.

O Lord, I do not deserve a glimpse of heaven, and I am unable with my works to redeem myself from sin, death, the devil, and hell. Nevertheless, you have given me your Son, Jesus Christ, who is far more precious and dear than heaven, and much stronger than sin, death, the devil, and hell. For this I rejoice, praise, and thank you, O God. Without cost and out of pure grace you have given me this boundless blessing in your dear Son. Through him you take sin, death, and hell from me, and do grant me all that belongs to him. Amen.

MARTIN LUTHER

ASSURANCE

God does not deal with us according to our sins, nor repay us according to our iniquities. He did not send his Son into the world to condemn the world, but in order that the world might be saved through him. In Christ, we have redemption, the forgiveness of sins. Amen.

PSALM 103:10, JOHN 3:17, EPH 1:7



REJOICE

Dwell upon the magnitude of salvation and the free gift of grace: the forgiveness of sins, the hope of everlasting life and the reconciliation of all things. Express your gratitude to the Father for the redemption offered to us in Christ and for the gift of his Holy Spirit.

Following the reflection:

Heavenly Father, you made us for yourself, and our hearts are restless until they rest in you: Direct our heartfelt desires and defend us against our Enemy, that we may pray according to your will; through Jesus Christ our Lord; who lives and reigns with you and the Holy Spirit, world without end. Amen.

AN ANGLICAN CATECHISM

EVENING PSALM

The appointed psalm is read.
Check reading plan at the back of this booklet.

The Psalm ends with
Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning
is now and shall be for ever. Amen.

EVENING LESSON

As you read's God's word, cling to his promises, learn about his character, and behold his salvation.

The appointed bible lesson is read.
Check reading plan at the back of this booklet.

QUIET REFLECTION

Take a time of quiet reflection and meditate on God's Word. Recall what you have just read. How is God speaking to you through the Holy Scriptures this evening?



Following the reflection:

Trust in the Lord with all your heart;
and be not wise in your own sight.

**Trust in the Lord with all your heart;
and be not wise in your own sight.**

In all your ways acknowledge him
and he will make straight your paths.

**Trust in the Lord with all your heart;
and be not wise in your own sight.**

FROM PROVERBS 3

THANKSGIVING

During this time, take a moment to thank God for his provision and goodness to you.

- Thank him for your family.
- Thank him for your church.
- Thank him for your country.

THE COLLECT

Lighten our darkness, we beseech you, O Lord; and by your great mercy defend us from all perils and dangers of this night; for the love of your only Son, our Savior Jesus Christ. Amen.

BOOK OF COMMON PRAYER

THE CONCLUSION

The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with us all evermore.
Amen.

“I will lie down in peace, and take my rest; for you, Lord, only, make me dwell in safety.”

PSALM 4:8



FRIDAY

MORNING

Hear these words of God for you this morning:

“I will strengthen you, I will help you, I will uphold you with my righteous right hand.”

ISAIAH 41:10

PREPARE YOUR HEART

Take moment to quiet your heart and find your strength in Jesus, who has overcome this world.

O Lord, open our lips.

and our mouth shall proclaim your praise.

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

**As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever. Amen.**

COMMON WORSHIP: DAILY PRAYER

MORNING PSALM

As you read this morning's psalm, pray for the same honesty, affection and trust in the Lord that the psalmists reveal.

The appointed psalm is read.

Check reading plan at the back of this booklet.

The Psalm ends with

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning
is now and shall be for ever. Amen.



MORNING LESSON

As you read the lesson, slow down and let its truth displace any lies that you are living out of.

The appointed lesson is read.

Check reading plan at the back of this booklet.

QUIET REFLECTION

Following the lesson, take a moment to listen to the Lord. Be still and know that he is God.

Following the reflection:

The Lord is my light and my salvation;
the Lord is the strength of my life.

**The Lord is my light and my salvation;
the Lord is the strength of my life.**

The light shines in the darkness
and the darkness has not overcome it.

**The Lord is my light and my salvation;
the Lord is the strength of my life.**

FROM PSALM 27 & JOHN 1

PRAYERS

During this time, bring your requests to Almighty God. Here are a few things you could pray for:

- A forgiving spirit when wronged.
- A thankful heart in all circumstances.
- A trust in God's sovereign care.
- A deeper love for God's word.



THE COLLECT

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. Amen.

BOOK OF COMMON PRAYER

THE LORD'S PRAYER

As our Saviour taught us, so we pray:

Our Father in heaven, hallowed be your name.
Your kingdom come, your will be done, on earth as it is in heaven.
Give us this day our daily bread, and forgive us our debts,
as we also have forgiven our debtors.
And lead us not into temptation, but deliver us from evil.

MATTHEW 6:9-13

BENEDICTION

Neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord. Amen.

ROMANS 8:38-39



FRIDAY

EVENING

This evening, rest in this truth from scripture:

“I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ.”

PHILIPPIANS 1:6

CONFESSION

Take a moment to let the Holy Spirit convict you of this day's sins. Don't hide or minimize your failures, instead, feel their weight and set them at the foot of the cross.

Almighty and most merciful Father,
we have erred and strayed from your ways like lost sheep.
We have followed too much the devices and desires of our own hearts.
We have offended against your holy laws.
We have left undone those things which we ought to have done,
and we have done those things which we ought not
to have done; and apart from your grace, there is no health in us.
O Lord, have mercy upon us. Spare all those who confess their faults.
Restore all those who are penitent, according to your promises
declared to all people in Christ Jesus our Lord.
And grant, O most merciful Father, for his sake,
that we may now live a godly, righteous, and sober life,
to the glory of your holy Name. Amen.

BOOK OF COMMON PRAYER

ASSURANCE

God does not deal with us according to our sins, nor repay us according to our iniquities. He did not send his Son into the world to condemn the world, but in order that the world might be saved through him. In Christ, we have redemption, the forgiveness of sins. Amen.



PREPARE YOUR HEART

As the busyness of this day fades to evening, slow your heart, quiet your mind and be still before the Lord.

O God, make speed to save us.

O Lord, make haste to help us.

Abide with us, Lord, for it is evening,
and day is drawing to a close,
let us pray with one heart and mind.

**As our evening prayer rises before you, O God,
so may your mercy come down upon us to cleanse our hearts
and set us free to sing your praise now and for ever.**

Amen.

COMMON WORSHIP: DAILY PRAYER

EVENING PSALM

The appointed psalm is read.

Check reading plan at the back of this booklet.

The Psalm ends with

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning
is now and shall be for ever. Amen.

EVENING LESSON

As you read these words of scripture, remember that they are the very words of God.

The appointed bible lesson is read.

Check reading plan at the back of this booklet.

QUIET REFLECTION

Take a time of quiet reflection and meditate on God's Word. Recall what you have just read. How is God speaking to you through the Holy Scriptures this evening?



Following the reflection:

Lord, you will guide me with your counsel
and afterwards receive me with glory.

**Lord, you will guide me with your counsel
and afterwards receive me with glory.**

For I am always with you;
you hold me by my right hand.

**Lord, you will guide me with your counsel
and afterwards receive me with glory.**

FROM PSALM 73

THANKSGIVING

During this time, take a moment to thank God for his provision and goodness to you this day.

- Thank him for calling you his own.
- Thank him for using you this day for his glory.
- Thank him for never leaving or forsaking you.

THE COLLECT

Visit this place, O Lord, and drive far from it all snares of the enemy; let your holy angels dwell with us to preserve us in peace; and let your blessing be upon us always; through Jesus Christ our Lord. Amen.

BOOK OF COMMON PRAYER

THE CONCLUSION

The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with us all evermore.
Amen.

"I will lie down in peace, and take my rest; for you, Lord, only, make me dwell in safety."

PSALM 4:8

January

READINGS

	MORNING PSALM	MORNING LESSON	EVENING PSALM	EVENING LESSON
WEEK 1	1 <input type="radio"/> Psalm 1	1 <input type="radio"/> Genesis 1	1 <input type="radio"/> Psalm 2	1 <input type="radio"/> John 1:1-28
	2 <input type="radio"/> Psalm 3	2 <input type="radio"/> Genesis 2	2 <input type="radio"/> Psalm 4	2 <input type="radio"/> John 1:29-51
	3 <input type="radio"/> Psalm 5	3 <input type="radio"/> Genesis 3	3 <input type="radio"/> Psalm 6	3 <input type="radio"/> John 2

WEEK 2	6 <input type="radio"/> Psalm 7	6 <input type="radio"/> Genesis 4	6 <input type="radio"/> Psalm 8	6 <input type="radio"/> John 3:1-21
	7 <input type="radio"/> Psalm 9	7 <input type="radio"/> Genesis 5	7 <input type="radio"/> Psalm 10	7 <input type="radio"/> John 3:22-36
	8 <input type="radio"/> Psalm 11	8 <input type="radio"/> Genesis 6	8 <input type="radio"/> Psalm 12	8 <input type="radio"/> John 4:1-26
	9 <input type="radio"/> Psalm 13	9 <input type="radio"/> Genesis 7	9 <input type="radio"/> Psalm 14	9 <input type="radio"/> John 4:27-54
	10 <input type="radio"/> Psalm 15	10 <input type="radio"/> Genesis 8	10 <input type="radio"/> Psalm 16	10 <input type="radio"/> John 5:1-24

WEEK 3	13 <input type="radio"/> Psalm 17	13 <input type="radio"/> Genesis 9	13 <input type="radio"/> Psalm 18	13 <input type="radio"/> John 3:5:25-47
	14 <input type="radio"/> Psalm 19	14 <input type="radio"/> Genesis 10	14 <input type="radio"/> Psalm 20	14 <input type="radio"/> John 6:1-21
	15 <input type="radio"/> Psalm 21	15 <input type="radio"/> Genesis 11	15 <input type="radio"/> Psalm 22	15 <input type="radio"/> John 6:22-40
	16 <input type="radio"/> Psalm 23	16 <input type="radio"/> Genesis 12	16 <input type="radio"/> Psalm 24	16 <input type="radio"/> John 6:41-71
	17 <input type="radio"/> Psalm 25	17 <input type="radio"/> Genesis 13	17 <input type="radio"/> Psalm 26	17 <input type="radio"/> John 7:1-24

WEEK 4	20 <input type="radio"/> Psalm 27	20 <input type="radio"/> Genesis 14	20 <input type="radio"/> Psalm 28	20 <input type="radio"/> John 7:25-52
	21 <input type="radio"/> Psalm 29	21 <input type="radio"/> Genesis 15	21 <input type="radio"/> Psalm 30	21 <input type="radio"/> John 7:53-8:30
	22 <input type="radio"/> Psalm 31	22 <input type="radio"/> Genesis 16	22 <input type="radio"/> Psalm 32	22 <input type="radio"/> John 8:31-59
	23 <input type="radio"/> Psalm 33	23 <input type="radio"/> Genesis 17	23 <input type="radio"/> Psalm 34	23 <input type="radio"/> John 9
	24 <input type="radio"/> Psalm 35	24 <input type="radio"/> Genesis 18	24 <input type="radio"/> Psalm 36	24 <input type="radio"/> John 10:1-21

WEEK 5	27 <input type="radio"/> Psalm 37	27 <input type="radio"/> Genesis 19	27 <input type="radio"/> Psalm 38	27 <input type="radio"/> John 10:22-42
	28 <input type="radio"/> Psalm 39	28 <input type="radio"/> Genesis 20	28 <input type="radio"/> Psalm 40	28 <input type="radio"/> John 11:1-44
	29 <input type="radio"/> Psalm 41	29 <input type="radio"/> Genesis 21	29 <input type="radio"/> Psalm 42	29 <input type="radio"/> John 11:45-57
	30 <input type="radio"/> Psalm 43	30 <input type="radio"/> Genesis 22	30 <input type="radio"/> Psalm 44	30 <input type="radio"/> John 12:1-19
	31 <input type="radio"/> Psalm 45	31 <input type="radio"/> Genesis 23	31 <input type="radio"/> Psalm 46	31 <input type="radio"/> John 12:20-50

February

READINGS

	MORNING PSALM	MORNING LESSON	EVENING PSALM	EVENING LESSON
WEEK 1	3 ○ Psalm 47	3 ○ Genesis 24	3 ○ Psalm 48	3 ○ John 13
	4 ○ Psalm 49	4 ○ Genesis 25	4 ○ Psalm 50	4 ○ John 14:1-14
	5 ○ Psalm 51	5 ○ Genesis 26	5 ○ Psalm 52	5 ○ John 14:15-31
	6 ○ Psalm 53	6 ○ Genesis 27	6 ○ Psalm 54	6 ○ John 15:1-17
	7 ○ Psalm 55	7 ○ Genesis 28	7 ○ Psalm 56	7 ○ John 15:18-27

WEEK 2	10 ○ Psalm 57	10 ○ Genesis 29	10 ○ Psalm 58	10 ○ John 16:1-15
	11 ○ Psalm 59	11 ○ Genesis 30	11 ○ Psalm 60	11 ○ John 16:16-33
	12 ○ Psalm 61	12 ○ Genesis 31	12 ○ Psalm 62	12 ○ John 17:1-26
	13 ○ Psalm 63	13 ○ Genesis 32	13 ○ Psalm 64	13 ○ John 18:1-27
	14 ○ Psalm 65	14 ○ Genesis 33	14 ○ Psalm 66	14 ○ John 18:28-40

WEEK 3	17 ○ Psalm 67	17 ○ Genesis 34	17 ○ Psalm 68:1-18	17 ○ John 19:1-37
	18 ○ Psalm 68:19-35	18 ○ Genesis 35	18 ○ Psalm 69:1-18	18 ○ John 19:38-42
	19 ○ Psalm 69:19-36	19 ○ Genesis 36	19 ○ Psalm 70	19 ○ John 20
	20 ○ Psalm 71	20 ○ Genesis 37	20 ○ Psalm 72	20 ○ John 21
	21 ○ Psalm 73	21 ○ Genesis 38	21 ○ Psalm 74	21 ○ Matt 1:1-17

WEEK 4	24 ○ Psalm 75	24 ○ Genesis 39	24 ○ Psalm 76	24 ○ Matt 1:18-25
	25 ○ Psalm 77	25 ○ Genesis 40	25 ○ Psalm 78:1-18	25 ○ Matt 2
	26 ○ Psalm 78:19-40	26 ○ Genesis 41	26 ○ Psalm 78:41-72	26 ○ Matt 3
	27 ○ Psalm 79	27 ○ Genesis 42	27 ○ Psalm 80	27 ○ Matt 4
	28 ○ Psalm 81	28 ○ Genesis 43	28 ○ Psalm 82	28 ○ Matt 5:1-20

March

READINGS

	MORNING PSALM	MORNING LESSON	EVENING PSALM	EVENING LESSON
WEEK 1	3 ○ Psalm 83	3 ○ Genesis 44	3 ○ Psalm 84	3 ○ Matt 5:21-48
	4 ○ Psalm 85	4 ○ Genesis 45	4 ○ Psalm 86	4 ○ Matt 6:1-18
	5 ○ Psalm 87	5 ○ Genesis 46	5 ○ Psalm 88	5 ○ Matt 6:19-34
	6 ○ Psalm 89:1-18	6 ○ Genesis 47	6 ○ Psalm 89:19-52	6 ○ Matt 7
	7 ○ Psalm 90	7 ○ Genesis 48	7 ○ Psalm 91	7 ○ Matt 8:1-17

WEEK 2	10 ○ Psalm 92	10 ○ Genesis 49	10 ○ Psalm 93	10 ○ Matt 8:18-34
	11 ○ Psalm 94	11 ○ Genesis 50	11 ○ Psalm 95	11 ○ Matt 9:1-17
	12 ○ Psalm 96	12 ○ Exodus 1	12 ○ Psalm 97	12 ○ Matt 9:18-34
	13 ○ Psalm 98	13 ○ Exodus 2	13 ○ Psalm 99	13 ○ Matt 9:35-10:23
	14 ○ Psalm 100	14 ○ Exodus 3	14 ○ Psalm 101	14 ○ Matt 10:24-42

WEEK 3	17 ○ Psalm 102	17 ○ Exodus 4	17 ○ Psalm 103	17 ○ Matt 11
	18 ○ Psalm 104	18 ○ Exodus 5	18 ○ Psalm 105:1-22	18 ○ Matt 12:1-21
	19 ○ Psa 105:23-45	19 ○ Exodus 6	19 ○ Psalm 106:1-18	19 ○ Matt 12:22-50
	20 ○ Psa 106:19-48	20 ○ Exodus 7	20 ○ Psalm 107:1-22	20 ○ Matt 13:1-23
	21 ○ Psa 107:23-43	21 ○ Exodus 8	21 ○ Psalm 108	21 ○ Matt 13:24-43

WEEK 4	24 ○ Psalm 109	24 ○ Exodus 9	24 ○ Psalm 110	24 ○ Matt 13:44-58
	25 ○ Psalm 111	25 ○ Exodus 10	25 ○ Psalm 112	25 ○ Matt 14
	26 ○ Psalm 113	26 ○ Exodus 11	26 ○ Psalm 114	26 ○ Matt 15:1-28
	27 ○ Psalm 115	27 ○ Exodus 12	27 ○ Psalm 116	27 ○ Matt 15:29-16:12
	28 ○ Psalm 117	28 ○ Exodus 13	28 ○ Psalm 118	28 ○ Matt 16:13-28

W5	31 ○ Psalm 119:1-24	31 ○ Exodus 14	31 ○ Psa 119:25-48	31 ○ Matt 17:1-23
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DAILY PRAYER



Daily Prayer is a 4-Volume series, published by St. George's Anglican Church, Burlington, based on the Anglican tradition of the Daily Offices. Each morning and evening you will be led on a journey into prayer and God's word, that will help you set a pattern of beginning and ending each day in the Lord's presence.

Vol. 1 Winter, is intended to be used during the winter months, from January - March.